

Basic -Pledge Obstacle Course

Various Classes - Basic - Responsibility

Resources Needed:

Chairs, tables, rug etc

Activity

Set up a simple obstacle course.

Ask

Who thinks they could complete the course? Who thinks they could do it blind-folded?

Let an enthusiastic, confident child try. When the child gets into difficulty provide a helper. Tell the children they can have a helper who will be by their side and whisper directions to them to guide them. Let everyone have a turn.

Debriefing Questions:

Was it easy to complete the course by yourself blindfolded? Was it easier with a helper?

Who is our Best Helper? Our pledge says: Because Jesus loves me, I can always do my best.

Ideas provided by Janet Rieger of North NSW Conference in September 2007